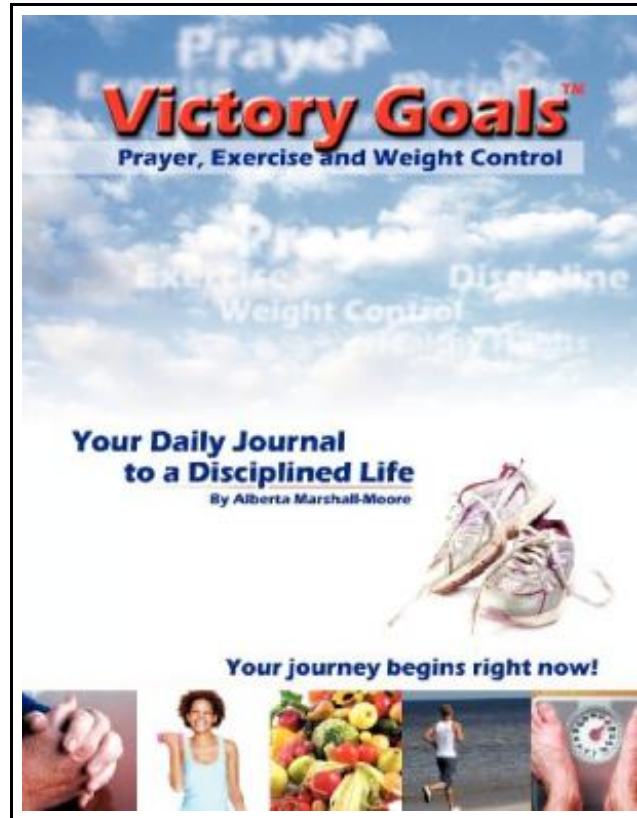


Victory Goalst Prayer, Exercise and Weight Control



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Reviews

*An exceptional book as well as the font applied was fascinating to learn. It is loaded with knowledge and wisdom I am just easily can get a pleasure of studying a created book.
(Dr. Benjamin Lakin)*

VICTORY GOALST PRAYER, EXERCISE AND WEIGHT CONTROL



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Xulon Press, United States, 2011. Paperback. Book Condition: New. 280 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.This is not another calorie counter or food journal to record what you eat. God has created us as three part beings. We have a mind, a body and a spirit. To live full, productive lives in God, we must renew our minds with His word and become disciplined in exercise and our eating habits. Our spirits are willing; it is our flesh that is weak (St Mark 14:38). I have known Alberta Moore for more than 25 years. I have always known her to be disciplined, energetic, positive and focused. I think that these virtues are foundational to the prayer, exercise and weight control program that she has created. I highly recommend her program to anyone who is serious about a life change. - Derrick Jackson, Author - Perpetual AbundanceMy relationship with God has become more intimate while achieving one of my goals. I read through the four Gospels three times in one month! Your chart gave me all of the tools that I needed to set my goals, and to track and measure my success. - Zina Akines The author is a born again Christian, who has not only seen God work miracles in her own life, but in the lives of others as well, as a result of spending time daily in the presence of God through prayer and reading His word. When facing difficult or impossible situations, she can often be heard professing Our God is God ! She resides in the Chicago land area with her husband, Wilbur, of thirty nine years where they serve as Neighborhood Ministers for their church, Wheaton Christian Center. She is the mother of two children and...



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