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Low Carb Recipes for Weight Loss!: 50 Mouthwatering Low Carb Recipes for Rapid Weight Loss!

By Athar Husain

Createspace, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Low Carb Recipes: Ultimate, Mouthwatering, Healthy, Easy and Quick to Prepare! Read on your Mac, Tablet, PC or Kindle device. Are you trying to lose weight for long time? Getting tired of changing from one diet plan to another? Worrying About your Body shape? Don't Worry! I am going to give you the best ultimate mouthwatering Low Carb Recipes. Just eat these delicious, Easy and Quick to prepare meals and lose the excess pounds! The Diet is not Just Maintain your Body shape but also reducing the risk of heart disease, diabetes, blood pressure and much more! The Author Giving you ultimate, mouthwatering Low Carb Recipes for Breakfast, Lunch, Dinner, Side Dishes, Salads, Soups and Snacks in one package! The Book contains mouthwatering recipes like: Mushroom Scrambled Eggs Garlic chicken Herbed Lemon Pork Chops Skillet Fish with Spinach Herbed Tuna Salad Hearty Beef Soup Chocolate Pro Cake All the Recipes Are Delicious and Easy to cook! Get your copy today and enjoy The Ultimate Mouthwatering Low Carb Recipes!.



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