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## C. Diff: Clostridium Difficile and Colitis

By Ellen Pendleton

Espbooks, United States, 2015. Paperback. Book Condition: New. 203 x 133 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.HELP If your lab tests have detected Clostridium difficile bacteria, some important decisions need to be made: Should I take anti-diarrhea medications like Imodium? NO!!! (CONTRAINDICATIVE). Should I take antibiotics like metronidazole (Flagyl), vancomycin, fidaxomicin? What about probiotics? Which ones? Prebiotics? Fecal Transplant? Diet? What foods work best? What is phage therapy? Non-pathogenic E. coli? And what about Mutaflor and Florastor? On December 1, 2014, Ellen Pendleton went to the dentist and took a prescribed antibiotic as a preventative measure. Soon followed antibiotic-induced pseudomembranous colitis and Clostridium difficile infection, CDI, CDAD. Bedridden with her laptop, Ellen channeled her efforts into research. Being a journaler, former associate editor, with an Associate Degree of Science in Electronics, Ellen logged the symptoms, information, diet, medication options, process of healing, resources, treatment options, diet, communications, correspondence, tips, hints and emotions on the path to recovery and feels compelled to share her journal. LISTED AS A SIDE EFFECT/ADVERSE EVENTS FOR MANY BROAD SPECTRUM ANTIBIOTICS: Antibiotic-induced Clostridium difficile colitis. CAUTION - Please read the inserts for medications. Ellen didn't. If she had read...



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