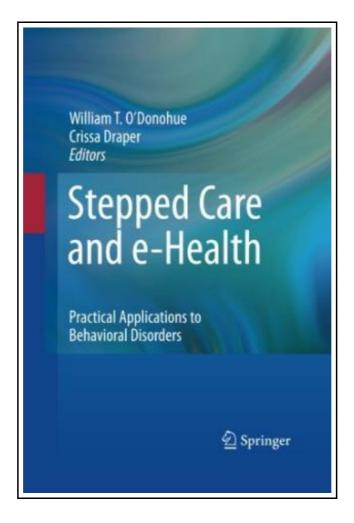
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Reviews

Extremely helpful to any or all category of individuals. It really is rally fascinating throgh studying time period. I am just quickly could possibly get a pleasure of reading a composed ebook. (Lawrence Keeling)

STEPPED CARE AND E-HEALTH: PRACTICAL APPLICATIONS TO BEHAVIORAL DISORDERS



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Springer-Verlag New York Inc., United States, 2014. Paperback. Book Condition: New. 2011 ed.. 235 x 155 mm. Language: English . Brand New Book ****** Print on Demand ******. Stepped care provides the least intrusive intervention to individuals seeking treatment by providing a range of treatment intensities. In the past two decades, computers and the internet have provided a new and efficient medium that lends well to adding steps in a stepped-care model. While there is ample evidence to support the positive effects of bibliotherapy or self-help books, computer-aided therapy (also known as e-health) has the potential to take these effects even further. This volume will be of interest to practitioners and organizations attempting to serve rural and underserved communities. The book focuses on evidence-based treatment, making it consistent with quality improvement initiatives.

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