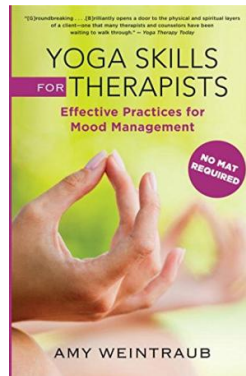


## Yoga Skills for Therapists: Effective Practices for Mood Management



### Book Review

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**(Dr. Sophie Rosenbaum MD)**

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